



Quarterly Newsletter

Making History.

We are excited to be emailing you the first ever Behind Closed Doors Newsletter! This will be a quarterly newsletter through which we will be updating you on the work BCD have been doing, in addition to giving thanks to our fundraisers and supporters. We will also be updating you on any upcoming events and opportunities to get involved.

With the sun finally making an appearance, we've had our first round of fun runs and other summer sports challenges. One of our trustees, Dave Moore, fundraised an outstanding £2,980 through his half marathon. Lloyds Banking Group are donating an additional £500 alongside Dave as part of their Matched Giving Scheme. This money will help BCD hire an additional Prevention and Recovery Community Worker. This worker will help support individuals in low-medium risk abusive relationships in addition to individuals who have now left their abusers but are still in recovery. Thank you Dave!

We would also like to give thanks to Francesca Dobson for raising £205 through completing the infamous Tough Mudder this May, and to the appropriately named Ferocious Freestylers (pictured below), who raised £202 for us at the Dragon Boat Festival this June! Another fundraiser has donated £125 raised through a clothing exchange.

Thank you so much to all of our fundraisers, and to all of the recipients of this newsletter for supporting Behind Closed Doors on their mission to protect men, women and children around Leeds whose lives are affected by domestic abuse.

All the best,

The Behind Closed Doors Team



Continued Representation

Fashion and Lifestyle blogger Em Sheldon of [EmTalks](#) has kindly agreed to represent us for another year! Em has regularly donated to and supported Behind Closed Doors and campaigned for us on her blog, and we are excited to have her continued support. Thank you, Em, for using your platform to educate your readers on domestic abuse and for your continued support. Be sure to give her [recent blog post](#) on the warning signs of domestic abuse a read.

Saying Goodbye

We are sad to be saying goodbye to Jane, our Prevention and Recovery Service Development Coordinator. Jane has been with Behind Closed Doors for six and a

half years, helping to deliver support to abuse survivors and educate the community on the warning signs of abusive relationships. Thank you for all of your hard work Jane, the team wishes you the best of luck for the future!

Supporting University Students

Our URAP (University Relationship Abuse Program) has been working to educate students and staff members at the University of Leeds on red flags of abusive relationships and how to support friends, family and workmates who they know or suspect to be in abusive relationships. [The Office of National Statistics found that female students are the social group most likely to have experienced sexual abuse at the hands of either a partner or ex partner within the next twelve months.](#) Male students are also vulnerable to sexual abuse from a partner. Education is one of the greatest tools for preventing abuse, so we would like to thank the University of Leeds for allowing us to carry out our workshops, and to the attendees for taking the time to educate themselves on domestic violence and abuse.



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A New Face

We are excited to have Grace joining the Behind Closed Doors team. She will be

overseeing all future fundraising ventures and planning some events in the coming months, so watch this space! If you are interested in carrying out some fundraising on behalf of Behind Closed Doors and would like some support, don't hesitate to contact Grace via her email address, grace@behind-closed-doors.org.uk. Welcome to the team Grace!



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As you responded to our email in May regarding receiving our Newsletter, here is our new and improved Newsletter - let us know your thoughts!

Our mailing address is:

Behind Closed Doors
BCD
Leeds, West Yorkshire LS19 9BN
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